

# Backpacking Checklist



- Osprey backpack
- Packing Cubes
- Capsule Wardrobe
- Technology ( go pro, chargers, adapters, power bank)
- First Aid kit
- Passport, passport holder, extra travel cards
- Savings for the backpack trip
- Toiletries (shampoo/ conditioner bars)
- Travel Insurance
- Reusable cutlery, water bottle

